


**MASS TIMES in Iona Road Parish**  
 Saturday (Vigil) 6.00pm: St. Columba's Church  
 Sunday Morning 11.00am: St. Columba's Church  
**Also Sunday morning Mass @ 9.45am in Glasnevin Cemetery Chapel**  
 Daily Mass @ 9.30am, Mon, Wed, Thurs. and Fri. (No Tues. mass) - St. Columba's Church  
**Mass Times in the Monastery of St. Alphonsus**  
 Monday to Friday @ 5.45 pm. Saturday and Sunday morning @ 9.30 am.

**The following are the Mass Intentions for the coming week**

	Sat.	8th	6.00pm	Eddie & Anna Ahern (A)
	Sun.	9th	11.00am	Carmel Bowers (Month's Mind)
	Mon.	10th	9.30am	Joanna O'Brien (A)
	Tue.	11th	9.30am	NO MASS
	Wed.	12th	9.30am	Mary Collis (A)
	Thur.	13th	9.30am	
	Fri.	14th	9.30am	Dermot Cross (A) Stella Lawless (A)
	Sat.	15th	6.00pm	Peter Gallaher (A) Anne Kelly (A)
				Mary & Pat Dempsey (A) Teresa Ryan (A)
		Sun.	16th	11.00am

Thank you for your contribution to the parish **FAMILY OFFERING** collection, last weekend amounting to **€953.00**. This is received in weekly envelopes. An average weekly total of **€544.00** is also contributed by Standing Orders.

**The Annual Collection of ACCORD Dublin** the Diocesan Agency for Marriage and the Family, will be taken up all Masses on the weekend of 15 & 16 February. **The Collection for ACCORD will replace the usual Share Collection.** ACCORD Dublin offers Marriage Preparation courses, counselling for couples and individuals experiencing difficulties in their relationships and a Relationship and Sexuality Programme for schools. ACCORD Dublin needs your support so please give generously, if you can.



**LIVE STREAMING OF MASS**

If you have internet access, you will find the live stream through our parish website: [www.ionaroadparish.ie](http://www.ionaroadparish.ie)



Please visit St. Columba's Parish website at [www.ionaroadparish.ie](http://www.ionaroadparish.ie) and email your comments, good news stories and special parish events to [info@ionaroadparish.ie](mailto:info@ionaroadparish.ie)

Items for the Parish Link can be e-mailed to [parishlink@gmail.com](mailto:parishlink@gmail.com) or dropped into the Parish Office letter-box, marked 'Parish Link', by 5pm on the Thursday of week of publication. A contact name and phone number is required for each item.  
**Parish Office Opening Times: Monday to Friday 9.30am. - 12.30pm.**  
**Ph: 8308257 or email [saintcolumba@eircom.net](mailto:saintcolumba@eircom.net)**

# PARISH LINK

Issue No 27/06

Parish of St. Columba

9th February 2020

*You are the Salt of the earth*  *You are the Light of the world*  
**Matthew 5:13-16**

**Thought for the day.....**

We can easily see how Jesus should be the light of the world. Even though the words are familiar, we are perhaps unaccustomed to reflecting on ourselves as the light of the world and salt of the earth. This is an act of profound trust in us by God. Jesus has faith in us to be bearers of his Good News in our time. How are we to be that? Not first by our words or even by our deeds. We are the light and salt on account of who we are as disciples. As the Gospel text puts it, a city built on a hilltop cannot be hidden. We cannot help being seen as his disciples, for that is who we are.

**Prayer**

Jesus, we believe that you are the light of the world and that you call us to bear your light to the world. Help us to be authentic disciples of yours, not drawing attention to ourselves, but to you, the source of our light and life.

**Mission Statement**

*St. Columba's parish is a vibrant and welcoming community of faith, continuing to give practical witness to the Good News of Christ, through worship and reflection, and through Christian service to the community.*



## World Day of the Sick

This year's theme is on *Hope in the Face of Suicide*  
**World Day of the Sick Mass** will take place on Sunday 9th  
 Feb. in Church of the Guardian Angels, Newtownpark  
 Ave., Blackrock

### Parish Shop

Call in today to see our  
 beautiful selection of cards  
 for all occasions, gifts etc.

Open before and after Mass  
 every Fri, Sat. and Sun.



**The monthly collection  
 for the Society of St.  
 Vincent de Paul takes  
 place this weekend.**



### The Sanctuary, Stanhope St. D7 Love Yourself

*This Valentine's Week (February 10- 16th),  
 all of our Daily Practice sessions are free!*  
*Daily Practice Sessions: Monday- Friday  
 9-9.30am/ 1.15-1.45pm and  
 Monday evening 6pm*

**1/2 Day Mindfulness Saturday Feb 15th  
 9.30am-1pm Price: €30**

**1/2 Day Yoga with Riana  
 Saturday Feb 15th 10am-1pm Price: €30**

**The Diocesan Spring Liturgy  
 Seminar will take place on  
 Saturday, 15th February from  
 9.30am- 1.30pm in Holy Cross  
 College, Clonliffe Road. There  
 is a choice of 5 workshops to  
 choose from. To book contact  
 Grainne of the Liturgical  
 Centre on Tel: 01 8087554 or  
 mail: [litsec@dublindiocese.ie](mailto:litsec@dublindiocese.ie)**

**I LOVE MANKIND...  
 IT'S PEOPLE I  
 CAN'T STAND!!**



### Central Remedial Clinic Art Exhibition

**Sat 22nd Feb @ 11.00am to 6.00pm**

**Sun 23rd Feb @ 11.00am to 5.00pm**

**Further info call  
 01 854 2200**



### St Francis Hospice 5k Spring Memorial Walk

RTE's Kathryn Thomas, Sr Margaret Cashman, Director of Nursing & Fintan Fagan CEO, launching this year's 5K Spring Memorial Walk. This year's walk takes place in **St. Anne's Park, Raheny, on Sunday, 8th March 2020 at 1pm**, followed by refreshments and fun activities for all. Join us with friends and family for this gentle 5K walk as we gather to remember all those the Hospice has cared for and raise much needed funds for St Francis Hospice. Entry fee €20 per Adult. Children go free. Register online [www.sfh.ie](http://www.sfh.ie)

### ACTIVE RETIREMENT - THIS WEEK ...

**Monday 2 to 4.15pm** Bridge - still room for another table!

**Tuesday 2.15 to 3.30pm** Exercise never too late to join!

**Wednesday morn.** Knit and Knatter - Our friends in Mater Hosp are delighted with the muffs. Free patterns always available

**Wednesday 2 to 4.30** Bingo with prizes finishing with a cuppa!

Committee meeting on **Tuesday 11th @10.15am**. Looking forward to new members. **Thursday 13th, monthly meeting in Annex 10.15**. See you all there.



### Glendalough Retreat for Young Adults

Book your place on our upcoming  
 young adult retreat in Glendalough  
 for the weekend of **6th - 7th March**.  
 Booking @ [www.evangelisation.ie](http://www.evangelisation.ie)  
**Booking closes on Monday 24th  
 February. Follow us on instagram  
 @theyoungchurchdublin**

### Drumcondra Library

**Anxiety: How to Survive and Thrive**  
**Tuesday 11th February at 6.30pm.** This  
 workshop looks at identifying anxiety  
 triggers, how to manage our thought  
 processes, and how to thrive whilst work-  
 ing through anxiety. **Admission free.**  
**Booking essential. Ph: 01 8377206 or  
 email [drumcondralibrary@dublincity.ie](mailto:drumcondralibrary@dublincity.ie)**

**Support for the Suicide Bereaved  
 Workshop:** The Irish Hospice Foun-  
 dation is hosting a workshop that sup-  
 ports someone who has lost a loved one  
 to suicide on **Friday, 21st February**  
 from 9.15am – 4.15pm in the Irish Hos-  
 pice Foundation, Morrison Chambers,  
 4th Floor, 32 Nassau Street, Dublin D02  
 YE06. This workshop aims to provide  
 an understanding of the grieving process  
 and explore common grief reactions fol-  
 lowing a death by suicide. Presented  
 by Bernie Carroll who has extensive  
 experience of working in the field of  
 mental health. For more information  
 contact: Iris Murray on Tel. 01 679 3188  
 or DL: 01 673 0047. **Fee -**  
**€100** includes light lunch/tea and cof-  
 fee. Also Bookings on the following  
 link <https://hospicefoundation.ie/education-training/bereavement-training/workshops/>

### LENT BOOK CLUB ...

This year's suggested  
 book for Lent is



**Finding God in a Leaf by Fr Brian  
 Grogan SJ.** Last year 36 parishes in the  
 Diocese set up Book Clubs with great  
 success during the season of Lent. If you  
 are interested in gathering a parish group  
 to read together for this coming  
 Lent, please come along to the training  
 evening where guidelines and other  
 advice on how to make the best use of  
 the group will be given by **Patricia Carroll  
 of the Evangelisation and Ecumenism  
 team in Holy Cross Diocesan Centre,  
 Clonliffe Road, from 7.30-9.30pm on the  
 11th February. Please register by email  
 to: [mary.dent@dublindiocese.ie](mailto:mary.dent@dublindiocese.ie)**