Reflection

As all children preparing for Confirmation learn, courage is one of the gifts of the Holy Spirit. It is in great demand at the present time. We are conscious of the courage of those who have battled, perhaps over weeks or months, to overcome the coronavirus, conscious, too, of the many health care workers and carers who have put their own health, and that of their loved ones, at risk in order to look after their patients. We think, too, of parishioners who are returning to Sunday or weekday Mass in the church having previously preferred to follow it from home on the webcam or on television. This week we mourn the passing of John Hume, who personified political and moral courage in his unshakeable belief in seeking social justice and political progress through democratic and peaceful means. May his life and legacy serve as an inspiration to many. Courage is not the absence of fear but a willingness to overcome our fears by putting our trust in God and in the goodness of other people. 'Courage! It is I! Do not be afraid.'

Fr. Richard



Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?'

			Mass Intentions booked for the Month of
			August
Sat.	1st.	6.00pm	Kathleen McManus (A)
			Lilly O'Shaughnessy (Months Mind)
Sun.	2nd	11.00am	Hilda Barry (100 Birthday Celebration)
Fri.	7th	10.30am	First Friday
Mon.	10th	10.30am	William O'Brien (A)
Sat.	15th	6.00pm	Austin & Mona Mulhall (A)
Sun.	23rd	11.00am	Rory Moore (1st A)
Sat.	29th	6.00pm	Danny O'Lone (A)

Please visit St. Columba's Parish website at <u>www.ionaroadparish.ie</u> and email your comments, good news stories and special parish events to <u>info@ionaroadparish.ie</u>

Items for the Parish Link can be e-mailed to **parishlink@gmail.com** or dropped into the Parish Office letter-box, marked 'Parish Link', by 5pm on the Thursday of week of publication. A contact name and phone number <u>is</u> required for each item. **Ph: 8308257 or email saintcolumba@eircom.net**



Mission Statement: St. Columba's parish is a vibrant and welcoming community of faith, continuing to give practical witness to the Good News of Christ, through worship and reflection, and through Christian service to the community.

Sunday Morning Mass available by webcam

Monastery of St Alphonsus webcam @ 9.30am (<u>www.rednuns.com</u>) Our Lady of Victories webcam @ 10.00am (<u>www.olv.ie</u>) Iona Rd. webcam @ 11.00am (<u>www.ionaroadparish.ie</u>) Our Lady of Dolour's webcam @ 12.00noon (<u>www.glasnevinparish.ie</u>) **Saturday Vigil Mass available by webcam** Out Mother of Divine Grace Ballygall @ 6.30pm (<u>www.ballygallparish.ie</u>) **Weekday Mass available by webcam** At 10.00am from Our Mother of Divine Grace, Ballygall (except Wednesday) At 10.00am from Our Lady of Victories, Ballymun Road (except Friday) At 11.00am from Our Lady of Dolours, Glasnevin (except Thursday) At 5.45pm from The Monastery of St. Alphonsus and (9.30am Saturday morning)

The Monastery chapel is open for public worship The capacity in the chapel, at any one time, excluding community and celebrant, is 21. The Sisters request that those who wish to attend should register and book a place by contacting : **Sr. Maire Brid on 086 189 08 53.** Please ring or text Sr. Maire Brid before 2 p.m. No one should go to the Monastery unless a place has been allocated and confirmed by Sr. Maire Brid.





We move into August, into Autumn and for many into holiday time. This August is

very different though for many, and yet we all need a time of rest and healing as part of the cycle of the year. So this week we focus on rest and transfiguration. Perhaps we are not able to go on retreat or fly on a much longed for holiday - but may we create restful moments where we are at this time. Perhaps we are not able to work or bring in income for the family - but may we take time to still our hearts and minds amidst this chaos, so that we can see the hand of God at work for us. Take care of each other, **Noirin** Rest in life gives spaces that allow us to replenish and restore beauty and balance. Consider a score of music. Without well-placed rests, a song would fail to achieve its true

purpose. Where are places to find rests in our lives?

A quarter rest, which is brief, could be a ten-minute walk to clear our heads and say a short prayers. A half-rest could be a weekend away or even getting a restful night's sleep. A whole rest, a longer period of time, could be a much-needed vacation or spiritual retreat. When we're rested, we are better equipped to serve God and others. Rest in Our Lives by Jackie M. Johnson (http://riverfallsumc.org/AugustPrayers

God's Creation by Jackie M. Johnson

God created the natural world, and the beauty of his creation renews us. We are replenished when we see pine trees standing tall.

Imagine the gentle sound of ocean waves as they tap against the shore, washing away your cares. Picture yourself walking in a quiet place: along a sandy beach, in a sunlit forest, or atop a magnificent mountain peak. God created all this for you to enjoy, and more that that, God is with you. Always. Be at peace.

To date, the ALONE COVID-19 Support Line has received in excess of 22,377 calls for support from vulnerable older people all over the country who need support, advice, or

sometimes just reassurance. CORONAVIRUS HELPLINE FOR OLDER PEOPLE 0818 222 024

If you have concerns or queries about Covid-19 call ALONE's dedicated support line everyday, 8.00am - 8.00pm

Weekly Donations to Parish & Diocese:

Our thanks to those who have been leaving in family offering envelopes over the past few weeks. Thank you for your support.

Our updated Website:

We now have a 'DONATE' Button on the parish website which may make it easier for you to support the maintenance of the parish during these difficult times. You can donate to the Family Offering as well as the 1st and 2nd collections, if you wish, by clicking on the DONATE button and then following the instructions. The first and Second collections at Sunday Mass are gathered up by placing your donation in the envelope provided on your seat. It is recommended to parishioners not to seal the envelopes for the first and second collections by licking them, as this would be unwise in the current climate.

Of course, you can continue to donate by dropping your donation directly into the Parish Office or the safe at the back of the church. Your generosity is not only appreciated but is very encouraging at this time. **THANK YOU.**



Sunday, 9 August is the International Day of the World's Indigenous Peoples.

There are about 370 million indigenous peoples on our planet.

Pope Francis challenges us to keep indigenous people at the heart of faith.

The Irish Traveller community is a distinct ethnic grouping in our country and deserving of our respect.

The annual Youth 2000 Summer Festival is Ireland's largest Catholic Youth event, but this year, for the first time, it will be streamed live on the 14th-16th of August. Hear talks and workshops from some of the best Catholic speakers including Fr. John Harris OP, Dr. Scott Hahn, John Pridmore, Petroc Willey (University of Steubenville), Katie Ascough, Sr. Colleen Mattingly, Sr. Mary Hanrahan, Bill Keimig (University of Steubenville), Beth Davis (Blessed is She) and others from Ireland and around the world. Youth 2000 Ireland 's motto is 'Youth leading Youth to the Heart of the Church' and we do this by leading Eucharistic-centred festivals, retreats and prayer meetings throughout the country.

Register FREE at www.youth2000.ie/summerfestival2020